



Outline of Training Requirements

Commencement. Supervised Professional Experience (SPE) begins upon receipt of an email from the Board of Psychology notifying the supervisor and supervisee that the SPE Agreement has been accepted. Trainees registered with the Board of Behavioral Sciences may begin once their associate registration is approved. Paid training might start prior to this date; however, hours cannot be counted toward licensure until board approval has been received.

Supervision Contract. All pre-licensed clinicians must abide by the Supervision Contract. This contract will be reviewed with the clinician by the Clinical Director/Clinical Supervisor upon hire. To obtain an additional copy, please contact the clinical supervisor. An example of the [supervision contract](#) is maintained in the “Training” shared drive.

Hour and Supervision Logs. All supervisees accruing hours for licensure are required to utilize Time2Track. The trainee will be reimbursed for the cost of the T2T account upon submitting a receipt for payment to Dr. Kierce. The supervisor will keep a record of all supervision meetings, which the supervisee can review at any time. The supervisee is also required to keep detailed written records of individual and group supervision, which will be signed monthly by the supervisor. The SPE log will be shared by the Clinical Director to the trainee’s Sentiero Gmail account.

Time2Track and [supervision logs](#) (i.e., SPE Logs) must be signed and dated by the supervisee and then submitted to the supervisor (i.e., placed in the supervisor’s mailbox at Emerald Plaza (or brought to supervision) for review and signature the first week of each month. Unsigned or incomplete logs will be returned to the supervisee. Time2Track and supervision logs submitted more than 30 days late will not be accepted. The supervisor will send a copy of the signed documents electronically to the supervisee each month. Records will be maintained by the supervisor for a minimum of ten years after the supervisee obtains a professional license.



Goal Setting. Trainees will set goals upon training utilizing the [Sentiero SMART Goals Template](#). Progress on goals will be reviewed quarterly with supervisors at the time of evaluation. Please see examples in the [Goal Setting Folder](#) via the Human Resources shared drive.

Evaluations. All employees will have a 90-day evaluation utilizing the [administrative evaluation](#). [Clinical evaluations](#) will also occur every six months for psychology trainees.

General Training Requirements.

Audio Recording of Psychotherapy Sessions. Audio recordings of psychotherapy sessions for training must be obtained for a different patient each week. This aspect of the consent form is discussed with each patient at the onset of treatment. Audio recorders are located at Emerald Plaza and Carlsbad. Immediately following the session, upload the recording to the designated folder (Dr. Kierce or the CD will share a folder at the onset of training for case conceptualizations and audio recordings) and then remove the recording from the device straightaway. Recordings will be reviewed in individual and/or group supervision. **Record of the recording should not be on the recorder or any computer, no exceptions.**

Case Conceptualization and Process Notes. Case formulations are required for every patient treated during training. However, two formal written case conceptualizations must be submitted within a training year. Chosen cases must include one patient receiving services within the trainee's training track. Supervisees can select an assessment case as one of the two required cases. [Case formulation resources can be found here.](#) Trainees must be able to understand the patient via [Sentiero Case Formulation](#) (at minimum) and are able to incorporate additional theoretical models.

Presentation. Presentations of clinical didactic topics must be completed twice during a training year. The first presentation can be a topic of choice related to the field of psychology or within the training track. To uphold APA and APPIC commitment to the cultural diversity of individuals and others, psychological associates will also be assigned a day to present a topic related to culture/diversity in psychology.



Sentiero Training Tracks. There are various opportunities for gaining specialized experience at Sentiero. Each track will have additional specific requirements related to the area of study.

Children 0-5 and Families (with school based-advocacy and in-home services)

FAN training, 30 clinical hours, 2 hours of track-specific activities, in-home services as needed, school-based advocacy for children with IEPs, and individual supervision with Dr. Lively Cookson.

Psychological, Neuropsychological, and Psychoeducational Assessment

20 clinical hours, 10 assessment hours per week, conduct didactic training/presentation for University of San Diego predoctoral internship students, school-based advocacy accompanied with assessment cases of children and adolescents with IEPs, and individual supervision with Dr. Kierce.

Naval Special Warfare

30 clinical hours, C4 Ranch research, program development, clinical development, Navy SEAL Foundation training/huddles, and individual supervision with Dr. Kierce.

Psychoanalytic Psychotherapy

30 clinical hours, SDPC psychoanalytic fellowship, group supervision with a psychoanalyst (Kernberg/Object Relations Model), and individual supervision with Dr. Kierce (Development, Structural, and Object Relations).



Trainee Schedule. All trainees at Sentiero will adhere to the following general schedule (38 hours scheduled in the office and 2 hours allotted for professional development activities outside the office each week). Most group supervision and didactics will occur on Monday at Emerald Plaza (Downtown). One day is also reserved for Carlsbad or conducting psychological assessments. Trainees conducting assessment will have one day per week permitted to test, score, interpret, and write. Otherwise, trainees will engage in individual, group, or family psychotherapy.

	Monday	Tuesday	Day 3 or 4	Day 3 or 4
0800	<i>Postdoctoral Group Supervision</i>	Clinical	Clinical	Clinical
0900	<i>Psychoanalytic Case Formulation Group Supervision</i>	Clinical	Clinical	Clinical
1000	<i>Clinical Concepts Group Supervision</i>	Clinical	Clinical	Clinical
1100		Clinical	Clinical	Clinical
1200	Lunch	Lunch	Lunch	Lunch
1300	Clinical	<i>Psychoanalytic Case Process Group Supervision</i>	Individual Supervision	Clinical
1400	Clinical	Clinical	Clinical	Clinical
1500	Clinical	Clinical	Clinical	Clinical
1600	Clinical	Clinical	Clinical	Clinical
1700	Clinical	Clinical	Clinical	Clinical