



Shaina Crone, M.A.  
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## Education

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- Expected 2021     **Doctor of Psychology Student**  
California School of Professional Psychology (CSPP) at  
Alliant International University, San Diego, CA
- 2017 - 2019     **Master of Arts in Psychology**  
California School of Professional Psychology (CSPP) at  
Alliant International University, San Diego, CA
- 2007 - 2011     **Bachelor of Arts in Psychology**  
San Diego State University  
Magna Cum Laude

## Licensure, Registration, & Certification

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**Registered Psychological Assistant**  
California Board of Psychology  
Expires: April 19, 2022  
License: PSB94025937

## Clinical Experience

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- July 2020 - present     **Aurora Behavioral Health Care (Military Unit)**  
*APA Internship*  
Inpatient and Outpatient Psychiatric Hospital designed to stabilize adult active duty service member patients with acute mental illness, chemical dependency, dual diagnosis, or PTSD.  
San Diego, CA  
Supervisor: Susan Rindt, Psy.D., Clinical Director Military Program  
Supervisor: Jeff Daly, Psy.D., Testing Supervisor
- *Conducts long term and short-term individual therapy sessions in both inpatient and outpatient military programs*
  - *Completed Cognitive Processing Therapy training (August 2020), and receives weekly CPT supervision for current PTSD patients*
  - *Prolonged Exposure Therapy Training (complete: January 2021)*
  - *Administers weekly psychological assessment batteries in inpatient programs, along with outcome measures for all individual therapy patients*
  - *Facilitates weekly DBT, CBT and Process groups*
  - *Provides consistent discharge summary reports upon patient's completion of treatment*
  - *Attends weekly interdisciplinary treatment team meetings*



2019 - 2020

**Aurora Behavioral Health Care (Military Unit)**

*Practicum Student*

Inpatient and Outpatient Psychiatric Hospital designed to stabilize adult active duty service member patients with acute mental illness, chemical dependency, dual diagnosis, or PTSD. San Diego, CA

Supervisor: Jeff Daly, Psy.D., Testing Supervisor

Supervisor: April Barnett, Psy.D., Military Program

- *Conducts long term and short-term individual therapy sessions in both inpatient and outpatient programs*
- *Administers psychological assessment batteries in inpatient programs, along with outcome measures for all individual therapy patients*
- *Facilitates weekly DBT and Process groups*
- *Provides consistent discharge summary reports upon patient's completion of treatment*
- *Attends weekly interdisciplinary treatment team meetings*

2018 – 2019

**Areta Crowell Wellness Recovery Center**

*Practicum Student*

Outpatient clinic that serves adult clients who have been diagnosed with a severe mental illness. San Diego, CA

Supervisor: Mariya Kholodova, Ph.D., Clinical Supervisor

- *Provided long term and short-term individual psychotherapy*
- *Co-facilitated weekly CBT, DBT, and ACT groups*
- *Provided weekly psychosocial intake and annual assessments*
- *Administered psychological assessment batteries*
- *Provided treatment coordination and management*
- *Attended weekly interdisciplinary treatment team meetings*

2017 - 2018

**Fred Finch Youth Center CARES**

*Practicum Student/ABA Behavioral Technician*

Outpatient services for children on the autism spectrum, using Applied Behavior Analysis (ABA) services

San Diego, CA

Supervisor: Michaela Ene, Ph.D.

- *Provided direct client care in one-on-one in-home settings*
- *Provided long-term family therapy sessions*
- *Completed 40 hour Registered Behavioral Technician training*
- *Followed the behavior reduction and behavioral skill acquisition protocols*
- *Collected and recorded data based on client behavior*
- *Communicated with clients, parents, and caregivers regarding client progress*
- *Assisted behavior analysts in the preparation of client materials*

2011 - 2012

**San Diego Center for Children**

*Child Developmental Counselor*

Residential Treatment Facility for Adolescents and Children

San Diego, CA

Supervisor: Kevin Robertson, M.A.

- *Facilitated group therapy sessions for adolescents and children with varying severe psychiatric diagnoses*
- *Participated in input and follow through with regard to treatment planning.*
- *Identified patient's problems, needs and strengths, and treatment plan modifications.*
- *Provided input on, and implementation of patient discharge plans.*
- *Accompanied and transported patients.*



- *Maintained patient safety, accurate documentation, and therapeutic interventions/treatment plans on milieu.*
- *Carried out administrative and clerical assignments to support patient care*

## Research Experience

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2018

### **Alliant International University/UCSD Pediatrics**

Present *Doctoral Dissertation Project* Primary Chair: Liana Abascal, Ph.D., M.P.H.

Secondary Chair: Christina Chambers, Ph.D., M.P.H.

- *Quantitative Research Study*
- *Title: The Effects of Prenatal Marijuana Exposure on Offspring's Behavior, Cognition, Developmental Process, and Executive Functioning: An Archival Data Examination*

2012 – 2017

### **UCSD Pediatrics**

*Research Associate, Researching the prevalence of Fetal Alcohol Spectrum Disorder in San Diego County*

Supervisor: Jennifer Zellner, Ph.D. I: Kenneth Jones, M.D., & Christina Chambers, Ph.D., M.P.H.

- *Maintained database for research participant records and test scores*
- *Coded for maternal questionnaires*
- *Used maternal questionnaire and assessment outcome data for doctoral dissertation*
- *Scored, and collected phase 1 questionnaires (ASQ, ITSEA, MCHAT, MacArthur Bates) for MotherToBaby California project*
- *Independently identified abnormal testing results for MotherToBaby California*
- *Gained knowledge and experience administering and scoring standardized psychometric tests such as the WASI, WPPSI-IV, WISC-IV and MULLEN for MotherToBaby California*
- *Managed and assembled 3D Camera, and acquired all 2D/3D photos for all participants on Indian Health Clinic Project*
- *Scribed participant dysmorphology exams for Indian Health Clinic.*
- *Managed and administered MILE Program (Math Interactive Learning Experience) to patients diagnosed with FASD from Dr. Jones clinic*

2010 – 2011

### **SDSU Research Foundation, Center for Behavioral Teratology**

*Research Assistant*

Supervisor: Sarah Mattson, Ph.D.

- *Interacted with research participants with ADHD, FASD, and Cognitive disorders*
- *Scored neuropsychological data*
- *Conducted literature searches to extract relevant information for research project activities*
- *Obtained sensitive personal information (alcoholism/psychological disorders) from participants with appropriateness, while following HIPPA guidelines*
- *Learned computer skills involving data analysis, and statistical methods*
- *Designed APA style research papers*
- *Assisted with data quality control and data entry*
- *Experience using Wechsler Intelligence Scale for Children, California Verbal Learning Test, Boston Naming Test*

2009 – 2010

### **SDSU Research Foundation, Life Span Human Senses Laboratory**

*Research Assistant*

Supervisor: Claire Murphy, Ph.D.

- *Interacted with research participants with Alzheimer's and Huntington's Disease*
- *Experience using California Odor Learning Test*
- *Scored neurological assessment data*
- *Assisted with data entry*



## Teaching Experience

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- 2020      **Alliant International University**  
Teaching Assistant for Clinical Inference and Report Writing  
San Diego, CA  
Professor: James Madero, Ph.D.  
*Teaching Assistant*
- *Attend all lectures given by the instructor*
  - *Review, provide feedback, and guide the administration of various assessment measures with students in lab*
  - *Help students score and interpret psychological assessments*
  - *Evaluate and assist students in test administration, and report writing skills*
  - *Provide regular exam reviews, guidance, and practice exams for students*
- 2019      **Alliant International University**  
Teaching Assistant for Advanced Psychopathology  
San Diego, CA  
Professor: James Madero, Ph.D.  
*Teaching Assistant*
- *Tracked student attendance and record grades*
  - *Attended all lectures given by the instructor*
  - *Evaluated and grade examinations and homework assignments*
  - *Developed weekly DSM-5 diagnosis vignettes to distribute for homework*
  - *Provided regular exam reviews, guidance, and practice exams for students*
- 2019      **Alliant International University**  
*Teaching Assistant*  
Teaching Assistant for Introduction to Psychotherapy and Psychotherapy Lab  
San Diego, CA  
Professor: Tara Shuman, Psy.D.
- *Assisted faculty member by performing teaching or teaching-related duties*
  - *Facilitated Psychotherapy Labs*
  - *Tracked student attendance*
  - *Attended weekly lectures given by instructor*
  - *Evaluated and graded examinations, assignments, papers, and record grades*
  - *Developed, updated, and distributed course materials*
  - *Provided feedback and guidance to students on their psychotherapy skills*
  - *Evaluated student's therapy skills*

## Doctoral Dissertation

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**Crone, Shaina.** (2021). *The Effects of Prenatal Marijuana Exposure on Offspring's Behavior, Cognition, Developmental Process, and Executive Functioning: An Archival Data Examination* (Unpublished Doctoral Dissertation). Alliant International University.



## Publications

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May, P. A., Chambers, C. D., Kalberg, W. O., Zellner, J., Feldman, H., Buckley, D., ... Hoyme, H. E. Crone, S.C. (2018). Prevalence of Fetal Alcohol Spectrum Disorders in 4 US Communities. *JAMA*, 319(5), 474–482. doi:10.1001/jama.2017.21896.

## Volunteer Experiences

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- 2018 - present     **California School of Professional Psychology (CSPP)**  
San Diego, CA  
Member of the Student Association for Military Psychology
- *Attendee to research lectures*
- 2013                **UCSD Educational Community**  
Beijing, China
- *Attended and presented research serving on a panel at symposium at Beijing Xiehe Hospital*
  - *Visited and toured Beijing University and Chinese Medicine Labs*
- 2011 - 2011        **SDSU Disability Society**  
San Diego, CA
- *Assisted in daily living for individuals with Cerebral Palsy*
  - *Fundraised \$3,500.00 for patient with Cerebral Palsy to aid in the purchase of an Equalizer that helped to increase her strength, stability, and balance for patients.*

## Awards & Honors

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- 2018 – 2019        Summa Cum Laude Award
- 2009                Member of SDSU Department of Psychology Dean’s List
- 2007 – 2011        Member of Psi Chi International Honor Society SDSU
2007.                Summa Cum Laude Award

## Professional Development

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- November 2019     Substance Abuse Within Military Culture  
(Massachusetts General Hospital Psychiatry Academy)
- October 2019        When One Family Member Serves the Entire Family Serves  
(Massachusetts General Hospital Psychiatry Academy)
- October 2019        Sleep Issues in Returning Veterans  
(Massachusetts General Hospital Psychiatry Academy)



September 2019	Military Culture (Massachusetts General Hospital Psychiatry Academy)
September 2019	Navy SEAL Foundation Impact Forum
September 2019	The Challenges of Coming Home After War: What Providers Need to Know (Massachusetts General Hospital Psychiatry Academy)
September 2019	Suicide Prevention Training
August 2019	Trauma Informed Guilt Reduction for Active Duty
April 2019	Acceptance and Commitment Therapy Training
September 2018	Acute Care and Risk Assessment Training
September 2018	Community Research Foundation Cultural Competency Training
July 2018	Cerner Health Information Training
November 2017	Campus Violence Continued Education
November 2017	Post-Traumatic Stress Disorder Continued Education
October 2017	Intimate Partner Violence Continuing Education
September 2016	UCSD Prenatal Exposure Training
2016-2019	Biomedical Research -Basic Training University of California, San Diego Completion Record ID:18760442

## Professional Affiliations

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American Psychological Association

San Diego Psychological Association

Student Association for Military Psychology, APA Division 19

UC San Diego Center for Better Beginnings