



sentiero

Jessica Oye-Trautloff, Psy.D.

Licensed Psychologist | *Sentiero*

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www.sentiero.org

Education

2020 - Present	San Diego Psychoanalytic Center, San Diego, California Combined Psychoanalytic Training Program Accreditation: American Psychoanalytic Association
July 2018	Alliant International University, San Diego, California California School of Professional Psychology Doctor of Psychology Clinical Psychology Accreditation: American Psychological Association
May 2015	Alliant International University, San Diego, California California School of Professional Psychology Master of Arts Clinical Psychology Accreditation: American Psychological Association
May 2012	Capella University, Minneapolis, Minnesota Master of Science General Psychology
May 2008	California State University of Long Beach, California Bachelor of Arts Sociology

Licensure & Certification

Licensed Psychologist

California Board of Psychology

Valid until December 31, 2021

License PSY31572

Professional Experience

2020- present	Psychologist & Co-Founder, <i>Sentiero, San Diego, California</i> Psychotherapy, psychological assessment, advocacy, psychoeducational seminars
2017-2020	Registered Psychological Assistant, <i>San Diego Psychology Center, San Diego</i> Psychodynamic psychotherapy with children, adolescents, and adults Provided family therapy and group therapy Psychological, neuropsychological, and forensic assessment <i>Supervisor: Deisy C. Boscan, Ph.D., Psychologist and Psychoanalyst</i>



- 2016-2017
Psychological Intern, *Dual Diagnosis Treatment Center, Adult facility, San Clemente, Adolescent facility, El Cajon*
Psychotherapy groups, individual, and family therapy
Provided and facilitated the training for neurofeedback therapy
Crisis management and coordination of care
Residential treatment for eating disorders, mood disorders, and substance/alcohol
Supervisors: Dr. Yaron Pruginin, PhD and Dr. Carol Tyler, PhD
- 2014-2016
Facilitator, *SMART Recovery, ASPIRE Center, San Diego, California*
Group therapy within a veteran residential program
- 2015-2016
Clinical Psychology Extern, *SHARP Mesa Vista, Senior Intensive Outpatient Program (SIOP), San Diego*
Intakes incorporating the use of the MOCA and C-SSRS
Group and individual therapy
Community outreach
Program development: Self-Compassion Module
Multidisciplinary approach to treatment
Program of the year award: SIOP 2015
Supervisors: Dara Schwartz, PhD and Lynn Northrop, PhD
- 2014-2016
Clinical Psychology Extern, *Vista Balboa Crisis Center, San Diego*
Diagnostic intake assessments of adults
Individual/ group therapy with adults experiencing co-occurring disorders
Multidisciplinary treatment team approach
Crisis management and safety assessments
Supervisor: Carla Payne, Psy.D
- 2013- 2014
Clinical Psychological Exetrn, *Alliant Couples and Family Clinic, San Diego*
Intakes and assessment for financial need
Individual, couples, and play therapy
Community outreach and fundraising
Supervisor: Angel Colamussi, Psy.D., MFT

Academic Research Experience

- 2015-2016
Research Assistant, *California School of Professional Psychology, San Diego*
Primary Researcher: Brandon Reintjes
Assisted in the recruitment, administration, scoring and interpretation of Rorschach protocols for research.
- 2014
Research Assistant, *California School of Professional Psychology, San Diego*
Primary Researcher: Cherylynn Glaser
Assisted in the coding of Rorschach protocols, and examined and identified different forms of ODL responses.
- 2014-2015
Research Assistant, *California School of Professional Psychology, San Diego*
Primary Researcher: Skultip Sirikantraporn, Psy.D.
Assisted in the proposal and logistics of studying the role of cognitive emotion regulation as a factor that could decrease the relationship between political conflict and violence.
2015 APA Convention in Toronto, Canada: Poster Presentation



- 2013-2015 Research Assistant, *California School of Professional Psychology, San Diego*
Primary Researcher: Sasha Turner, Psy.D.
Transcribed qualitative interviews
- 2012-2013 Research Assistant, University of California San Diego
Rudolf L. Brutoco, MD, M.P.H, Private Practice
Researcher: Rudolf L. Brutoco, MD, M.P.H
Administered and gathered qualitative data regarding Oxytocin treatment and the social characteristics associated Autism Spectrum Disorder.

Doctoral Dissertation

Oye-Trautloff, J. (2017). High School Male Athletes' Definition and Development of Mental Toughness. Alliant International University, San Diego, California.

Research Presentations

California School of Professional Psychology, San Diego
High School Male Athletes' Perspectives of the Definition and Development of Mental Toughness
2019 AASP West Regional Conference in Long Beach, CA: Poster Presentation

California School of Professional Psychology, San Diego
High School Male Athletes' Perspective of the Definition and Development of Mental toughness
2016 Sport Psychology Conference in San Diego, CA: Poster Presentation

California School of Professional Psychology, San Diego
The Role of Cognitive Emotion Regulation on Aggression Among Thais Exposed to Political Stress
2015 American Psychological Association annual convention in Toronto, CA: Poster Presentation

Professional Presentations

2020 - present *Procopio Law Firm, San Diego*
Psychoeducational seminars

Professional Affiliations

Affiliate of the American Psychological Association
Affiliate of the San Diego Psychological Association
Affiliate of the American Civil Liberties Union
Member of the San Diego Psychoanalytic Center