



Helen Giang, Psy.D.
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Education

August 2017	Alliant International University (APA Accredited Program) Doctor of Psychology Clinical Psychology Accreditation: American Psychological Association
May 2012	Pepperdine University General Psychology Master of Arts
December 2010	University of California, Irvine Major: Psychology Minor: Education Bachelor of Arts

Licensure & Certification

License Psychologist
California Board of Psychology
Valid until September 12, 2022
License Number 30327

National Register of Health Service Psychologists
HSP Credential
Valid until February 28, 2021

Professional Experience

2020 – Present	Sentiero (Private Practice Psychotherapist), <i>San Diego, CA</i> <ul style="list-style-type: none">• Provide continuous treatment planning and reviewing of progress to ensure quality and effective treatment.• Conduct comprehensive psychological assessment of cognitive and adaptive functioning and differential diagnosis.• Collaborate with private practice group/team members and other professionals to discuss therapies, treatments, and counseling techniques and resources.
2019 – Present	Rady Children’s Hospital of San Diego, <i>San Diego, CA</i> <ul style="list-style-type: none">• Provide direct patient care for children and adolescents and related contact with individuals, agencies, and allied professionals.• Develop care plan and implement therapy/counseling for patients, families, and groups.



- Document patient care in clinical record according to regulatory agency guidelines.
- Collaborate with a multidisciplinary treatment team, including physicians, nurses, and social workers, in providing brief evidence-based targeted behavioral health interventions and consultation.

2018 – Present

San Diego Regional Center, *San Diego, CA*

- Develop, coordinate, and facilitate activities which result in increased awareness of services available and rendered to individuals with developmental disabilities by performing various functions, such as: case consultation, social assessments, and treatment planning.
- Conduct comprehensive psychological assessment of cognitive and adaptive functioning and differential diagnosis, specifically Autism Spectrum Disorder and Intellectual Disability, and for purposes of determining or re-determining regional center eligibility.
- Discuss findings, assessment results, and recommendations to consumers and families.

Clinical Training Experience

2017-2018

Postdoctoral Psychological Assistant, *Sacramento, CA*

Sutter Center for Psychiatry

Clinical Supervisors: Joshua Weidenbach, Psy.D., Gregory Gisla, Psy.D.,

Marcella Kreysa, Psy.D., & Raheel Khan, D.O.

- Six-month rotations: (1) Child and adolescent specialist at Sutter Center for Psychiatry (Inpatient Psychiatric Hospital) (2) Psychiatric Response Team (PRT) at Sutter Medical Center, Sacramento
- Conducted psychological and diagnostic assessments with children, adolescent, and adults, including testing, interpretation, report writing, and providing feedback to patients, family, and treatment providers for the purposes of determining treatment needs and optimal treatment. Measures administered included, but not limited to: ADOS-2, BASC3, CBCL, Conner's 3, MACI, MCMI, MOCA, PAI/PAI-A, RBANS, SCQ, TSCC/TSCYC, WAIS-IV, WISC-V, and WMS-IV.
- Conducted 5150 (72-hours) psychiatric hold evaluations in the emergency department for children, adolescents, and adults undergoing a mental health crisis and coordinate appropriate continuity of care, including referrals to psychiatric facilities and outpatient mental health resources.
- Piloted a consultation and liaison program with the pediatric inpatient medical unit (general pediatrics inpatient, pediatric intensive care unit, and pediatric oncology). In addition to consultation with obstetrics and gynecology (high risk pregnancy), neurology, and intensive care unit. Services provided include brief individual and family therapy and consultation support for the medical staff, including physicians, nurses, social workers, and child life specialists.
- Collaborated with a multidisciplinary treatment team, including physicians, nurses, and social workers, in providing brief evidence-based targeted behavioral health interventions, crisis intervention, consultation, and individual and group therapy in the emergency department and inpatient medical and psychiatric settings for children, adolescents, adults, and family.
- Provided supervision to pre-doctoral intern on a weekly one-hour basis.



2016-2017

Predoctoral Intern, *Tulsa, OK*

Indian Healthcare Resource Center (APA accredited)

Clinical Supervisors: Jason Menting, Psy.D, Joanna Shadlow, Ph.D., & Rachele Floyd, Psy.D.

- Conducted clinical interviews and diagnostic intake assessments.
- Provided individual and group psychotherapy to adults, children, and their families.
- Co-facilitation of Native Indian Life Skills curriculum at two local middle schools.
- Conducted psychological evaluations including psychoeducational, cognitive, personality, developmental, and diagnostic (i.e., ADHD, Autism Spectrum Disorders, Hepatitis C treatment, and Court Evaluations) and provided feedback.
- Consultation and participation in a multidisciplinary team.
- Proposed, created, and piloted a social skills group for children ages 4-6.
- Implementation of an evidence-based practice, Screening, Brief Intervention, and Referral to Treatment (SBIRT) in the medical department.
- Participation in outreach services as a member of the Tulsa Indian Community Advisory Team (TICAT).

2015-2016

Practicum Student, *Chula Vista, CA*

Bayview Behavioral Health and Paradise Valley Hospital

Clinical Supervisors: Walter Litwin, Ph.D. & Jon Nachison, Ph.D.

- Provided crisis intervention, group psychotherapy and milieu therapy for locked inpatient units.
- Conducted short-term individual therapy on the inpatient unit and long term individualized treatment with patients from outpatient programs.
- Completed assessments for both inpatient and outpatient patients, including administering comprehensive batteries with cognitive, objective & projective personality testing, writing integrated reports, and providing feedback.
- Participated in multidisciplinary team meetings (i.e., treatment team, discharge planning, and program meetings), and individual and group supervision

2014-2015

Practicum Student, *San Diego, CA*

Vista Balboa Crisis Center/Community Research Foundation

Clinical Supervisor: Carla Payne, Psy.D.

- Completed initial assessment, which included diagnostic and case conceptualizations, for individuals in severe mental health crisis.
- Provided short-term individual, group, and milieu therapy in a residential setting to individuals with psychotic, mood, and substance use disorders, including the utilization of Motivational Interviewing and Dialectical Behavior Therapy (DBT).
- Participated in treatment team meetings to discuss clients' cases and make recommendations based of individual clients' needs.
- Maintained confidential client information through the San Diego County electronic health records system, Anasazi.
- Assisted clients with discharge planning, including housing, medical care, and outpatient treatment.



Academic Research Experience

- 2014-2016 Research Assistant, *Alliant International University*
Research Focus: Intergenerational Trauma and Resilience in Second-Generation Southeast Asian Americans
Supervisor: Skultip Sirikantraporn, Psy.D.
- Created a web-based survey, operated by Qualtrics, worked on preliminary data collection, and analyzed data through Statistical Package for the Social Sciences (SPSS). Research focuses on children of Southeast Asian Americans (SEAA) refugees who fled war-torn countries, such as Cambodia, Laos, and Vietnam and understanding resilience factors that protect them from the effects of intergenerational transmission of trauma. Study investigates how cognitive and emotional resilience and biculturalism are related to psychological resilience among second generation SEAA adults and protect them against mental health and substance abuse problems.
- 2010 Research Assistant, *University of California, Irvine*
Research Focus: The James Dean Effect: How Consumers Respond to Inexpressive Body Language
Supervisor: Todd Pezzuti, Ph.D
- Worked on preliminary data collection and theory generation, as well as designing experiments. Research focus was on the prevalence of inexpressive models in advertising reflecting cultural ideals of emotional control and inhibition. Research in psychology demonstrates that inexpressive individuals are perceived as less attractive and less likeable than more expressive individuals. Therefore, the purpose of the proposed research was to understand why and when inexpressiveness is desirable and to provide a new perspective on inexpressiveness that incorporates a range of literatures including historical and sociological analyses of contemporary cool and psychology research on power and expressivity. Responsible for data analysis using SPSS software, summarizing, reporting, and presenting statistical results, assisted in developing of experiments and surveys, and gathering, summarizing, and presenting background literature.

Doctoral Dissertation

Giang, H. (2017). *A Comparison of Male Pedophiles to Normal Males Using the MMPI-2*. Alliant International University, San Diego, California.

Professional Presentations

Giang, H., Placheta, M., & Skultip S. (2015, August). *Intergenerational Trauma and Resilience in Second-Generation Southeast Asian Americans*. Poster presented at the 20th International Summit & Training on Violence, Abuse and Trauma (IVAT), San Diego, CA



Awards & Honors

2014	Psi Chi, Alliant International University
2012	Psi Chi, Pepperdine University
2011	Dean's Honors List, UCI

Professional Affiliations

American Psychological Association (APA)

National Register of Health Service Psychologists